

POST CARE INSTRUCTIONS FOR MID-DEPTH PEELS

AVOID:

- Direct sun exposure
- Wearing makeup
- Hot showers/baths/ovens
- Heavy exercise
- Excessive touching of the skin

DAYS 1-2:

Skin may feel sensitive, tender and show signs of redness and possible swelling.

MORNING HOME CARE

- Cleanse with RA Non-Active / Post Care Cleanser
- Apply RA Healing / Hydrator
- Apply RA Occlusive Balm - optional
- Apply RA Daytime Defense SPF30

EVENING HOME CARE

- Cleanse with RA Non-Active /Post Care Cleanser
- Apply RA Healing / Hydrator

DAYS 3-7:

Skin may feel dry, tight, sensitive, tender, and show signs of redness.

MORNING HOME CARE

- Cleanse with RA Non-Active/Post Care Cleanser
- Apply RA Growth Factor - once you begin peeling
- Apply RA Healing/Hydrator
- Apply RA Occlusive Balm - optional
- Apply RA Daytime Defense SPF30

EVENING HOME CARE

- Cleanse with RA Non-Active / Post Care Cleanser
- Apply RA Growth Factor - once you begin peeling
- Apply RA Healing / Hydrator
- Apply RA Occlusive Balm - optional

If you experience any discomfort, oozing, scabbing or crusting call your Aesthetician right away. This is not abnormal and is nothing to be alarmed about, but it may require some additional Rhonda Allison Post Care to alleviate discomfort.