

POST CARE INSTRUCTIONS FOR DEEP PEELS

AVOID:

- Direct sun exposure
- Wearing make-up
- Hot showers/baths/ovens
- Heavy exercise

DAYS 1-2:

Skin may feel hot and feverish, mild discomfort, with possible swelling.

MORNING HOME CARE

- Cleanse with RA Non-Active / Post Care Cleanser
- Apply RA Occlusive Balm or Healing / Hydrator
- Apply RA Daytime Defense SPF30
- Spritz with RA Cucumber Spritz throughout the day

EVENING HOME CARE

- Cleanse with RA Non-Active / Post Care Cleanser
- Apply RA Occlusive Balm or Healing Hydrator

DAYS 3-5:

Skin may feel dry, tight, sensitive, skin will be peeling.

MORNING HOME CARE

- Cleanse with RA Non-Active / Post Care Cleanser
- Apply RA Growth Factor
- Apply RA Healing / Hydrator
- Apply RA Occlusive Balm - optional
- Apply RA Daytime Defense SPF30
- Spritz with RA Cucumber Spritz throughout the day

EVENING HOME CARE

- Cleanse with RA Non-Active / Post Care Cleanser
- Apply RA Growth Factor
- Apply RA Healing/Hydrator
- Apply RA Occlusive Balm - optional

If you experience any discomfort, oozing, scabbing or crusting call your Aesthetician right away. This is not abnormal and is nothing to be alarmed about, but it may require some additional Rhonda Allison Post Care to alleviate discomfort.