

## SkinStylus Informed Consent for Microneedling

The SkinStylus<sup>®</sup> SteriLock<sup>®</sup> MicroSystem is a minimally invasive, micro-needling device. The SkinStylus device creates microchannels into the skin's outer layers. As these microchannels heal, the remodeling process works to improve the skin's appearance. There are several brands of microneedling devices on the market. All medical and cosmetic procedures carry risks and may cause complications. The purpose of this document is to make you aware of the nature of the procedure and its risks in advance so that you can decide whether to go forward with the procedure or not.

Microneedling may cause discomfort during and after the treatment. To minimize the discomfort, a topical numbing cream may be applied to your skin before the procedure. Let your provider know if you have allergies to the numbing cream. The skin will then be thoroughly cleansed, and a pre- treatment serum will be applied to the treatment area. During the treatment, the SkinStylus device will be passed multiple times over your skin to create microchannels. It is normal to experience a small amount of bleeding from these punctures. After the treatment, the skin will be cleaned.

The most common side effects to the treatment area are redness, swelling, a feeling of skin tightness, sensitivity to touch, burning, tingling, stinging, itching, dryness, scaling, and pigment changes. These side effects are transient. Although rare, there is a possibility that you could develop an infection (with subsequent tenderness, redness, swelling, itching, and formation of pus), striae (linear marks), extended redness, reactivation of herpes simplex virus (cold sore), and pigment changes that may be permanent.

The safety and effectiveness of the SkinStylus SteriLock MicroSystem has been established in a clinical study to improve the appearance of surgical or traumatic hypertrophic scars on the abdomen in adults aged 22 years or older. Other indications for the SkinStylus SteriLock MicroSystem have not been cleared by the FDA.

Prior to treatment, please verify and acknowledge the following:

- Stopped using any retinoid products or applications 48 hours prior to my treatment. •
- Have not exposed myself to prolonged sun exposure (i.e.: 24 hours) prior to my treatment. A SkinStylus treatment will not be administered on sunburned or windburned skin.
- On the day of my treatment, I will keep the treatment area clean.

Post Treatment:

- I will keep my skin clean and avoid touching the treatment area. •
- I will NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinoids (Vitamin A), Vitamin C (in a low pH formula) or anything perceived as 'active' skincare for at least 3-5 days after treatment.
- I will avoid direct sunlight to the treatment area for 48 hours including tanning beds.
- I will not go swimming for at least 48 hours post-treatment.
- I will not exercise or do strenuous activity for at least 24 hours post-treatment.

The SkinStylus SteriLock MicroSystem has not been evaluated in some patient populations. Therefore, please indicate if any of the following conditions pertain to you, as treatment with the SkinStylus SteriLock MicroSystem may not be appropriate:

□ Actinic (solar) keratosis □ Eczema/psoriasis

- □ active acne
- □ Diabetes □ Collagen vascular diseases

□ Keloid scars

- □ Rosacea □ Active bacterial or fungal infection
- □ History of contact dermatitis

□ Warts □ Immunosuppressive therapy

□ Raised moles in the treatment area

- □ scars and stretchmarks less than 3 months old
- $\Box$  Active cold sores

 $\Box$  use of anticoagulants

□ scleroderma; and wound-healing deficiencies.

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Let your provider know if you are allergic or sensitive to any of the ingredients used in the pre-treatment serum. Be sure to report to your provider any redness and/or visible swelling that lasts for more than a few days or any other symptoms that cause you concern.

Most individuals are pleased with the results from their microneedling treatments. However, like any cosmetic procedure, results may vary, and there is no guarantee that you will be completely satisfied, or that you will not require additional treatments to achieve the results you seek.

I have read the information about microneedling in its entirety and have discussed the risks and benefits of treatment with Sego Lily Spa. I have disclosed all pertinent information to my provider. I understand the information that was provided to me, and that there is no guarantee of any particular results. I agree to being treated with the SkinStylus SteriLock MicroSystem.

This consent covers all microneedling treatments today and for all subsequent treatments until such consent is revoked in writing.

Guest Signature

Print Name

Date